



## ZAGATBUZZ MULTI-CITY EDITION

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### Where to Find Kindai Tuna, a Bluefin Alternative



Kindai tuna is served at Elements in New Jersey  
Photo: courtesy of the restaurant

With it being Earth Day and all, our thoughts turned slowly to bluefin tuna, and more specifically, how to cope with guilt of dreaming about eating it. Fortunately, many restaurants are attempting to add more sustainable alternatives to their seafood-heavy menus. The public's attention has turned to kindai tuna, a farm-raised bluefin hatched in a Japanese laboratory. While [recent discussions](#) question whether this extremely rare and expensive fish is in fact "sustainable," most agree it's a step in the right direction (count Chicago chef [Laurent Gras](#) a big fan).

But where to get it? Check out some of the restaurants across the country that either currently serve or have recently served kindai. Because restaurants fight for a piece of this fish (which only comes into the country in a small shipment once a week), it's typically the more expensive spots that end up being able to put it on their menus. Do be sure to call ahead to check its availability.

#### **Boston**

[Sorellina](#) in the Back Bay serves kindai about once a month as a crudo special ranging from \$20-\$25. Offerings have included kindai with Meyer lemon vinaigrette, shaved fennel and roasted peppers (617-412-4600). [AKA Bistro](#), the French-Japanese in Lincoln, serves kindai toro sashimi with miso mignonette, pickled mustard seeds and caviar for \$23 (781-259-9920).

#### **Chicago**

Lincoln Park's [L2O](#) offers kindai toro with Osetra caviar on its 10-course tasting menu for \$245. [Charlie Trotter's](#) has also served the fish.

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## New York City

[Aqua Dulce](#), a Pan-Latin in Midtown, serves kindai hamachi tiradito, or thinly-sliced yellowtail with passion fruit and Asian pear for \$16 (212-262-129). The \$140 nine-course tasting menu at [wd-50](#) on the Lower East Side includes scrambled egg ravioli with charred avocado and kindai kampachi (212-477-2900). It's also appeared on the menus [Fishtail](#), [Gramercy Tavern](#), [Le Bernardin](#), [Masa](#), [Megu Midtown](#) and [Per Se](#).

## New Jersey

[Elements](#), a New American in Princeton, features kindai tuna tartare with ginger, scallion and soy for \$25, as well as kindai fluke sashimi with white asparagus, sorrel and cucumber for \$15 (609-924-0078).

## Philadelphia

Try the kindai sashimi for \$5 at [Zama](#) in Rittenhouse Square (215-568-1027).

## San Francisco

[Ritz-Carlton Dining Room](#) in Nob Hill includes kindai sashimi with miso and ponzu gelée on its eight-course, \$110 New French tasting menu (415-773-6198). [The French Laundry](#), [Manresa](#) and [Sebo](#) have also featured the fish.

## Washington, DC

Kindai has popped up on the menu of [2941 Restaurant](#).

If you know of anywhere else kindai tuna is served, let us know in the comments!

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